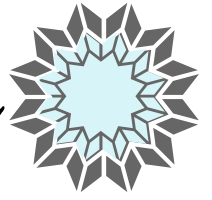
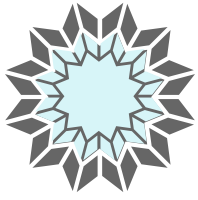


Monday



Breakfast

Lunch

Dinner

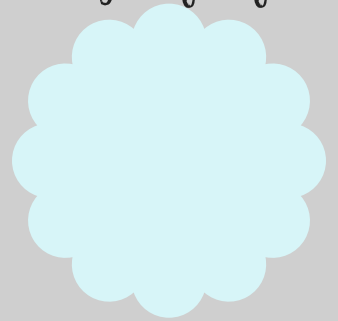
Date:

Today's top priorities..

Hydrate



I am grateful for..



Call..

- 1.
- 2.
- 3.
- 4.

Buy..

What today looks like:

Morning-

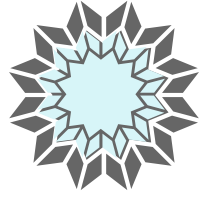
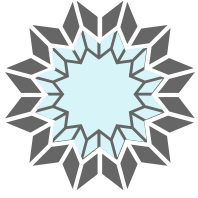
Lunch-

Afternoon-

Night-

After kids asleep-

Tuesday



Breakfast

Lunch

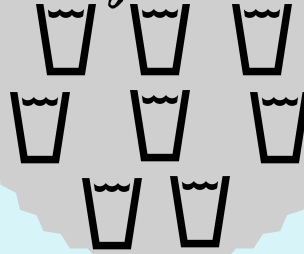
Dinner

Date:

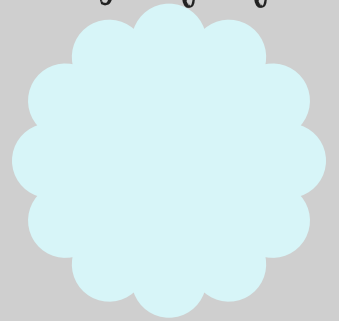
Today's top priorities..

- _____
- _____
- _____
- _____
- _____

Hydrate



I am grateful for..



Call..

- 1.
- 2.
- 3.
- 4.

Buy..

What today looks like:

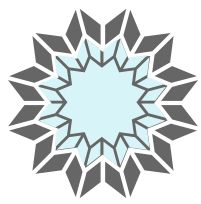
Morning-

Lunch-

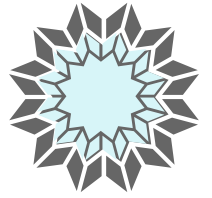
Afternoon-

Night-

After kids asleep-



Wednesday



Breakfast

Lunch

Dinner

Date:

Today's top priorities..

) _____ (

) _____ (

) _____ (

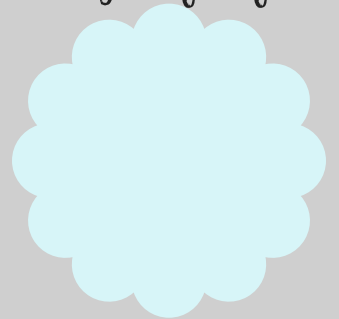
) _____ (

) _____ (

Hydrate



I am grateful for..



What today looks like:

Morning-

Lunch-

Afternoon-

Night-

After kids asleep-

Call..

- 1.
- 2.
- 3.
- 4.

Buy..



Thursday

Breakfast

Lunch

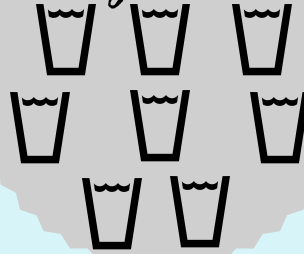
Dinner

Date:

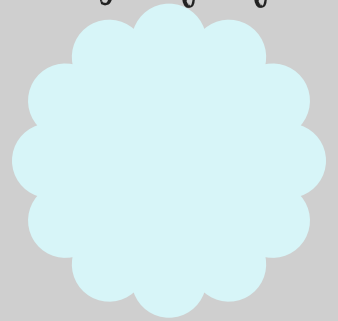
Today's top priorities..

Five horizontal lines for writing priorities.

Hydrate



I am grateful for..



Call..

- 1.
2.
3.
4.

Buy..

What today looks like:

Morning-

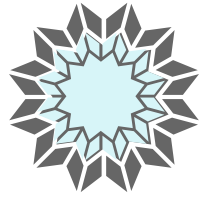
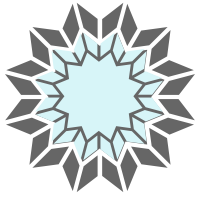
Lunch-

Afternoon-

Night-

After kids asleep-

Friday



Breakfast

Lunch

Dinner

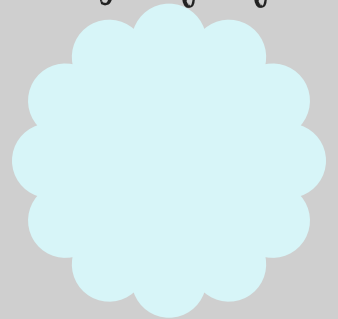
Date:

Today's top priorities..

Hydrate



I am grateful for..



Call..

- 1.
- 2.
- 3.
- 4.

Buy..

What today looks like:

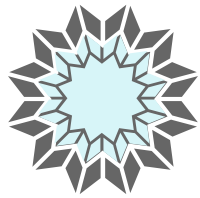
Morning-

Lunch-

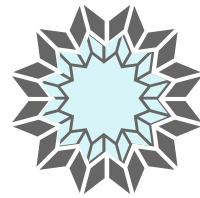
Afternoon-

Night-

After kids asleep-



Sunday



Breakfast

Lunch

Dinner

Date:

Today's top priorities..

) _____ (

) _____ (

) _____ (

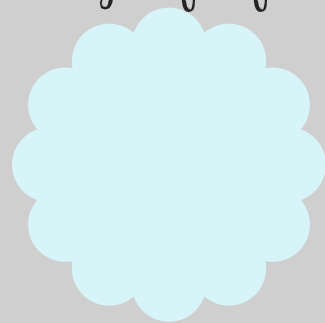
) _____ (

) _____ (

Hydrate



I am grateful for..



What today looks like:

Morning-

Lunch-

Afternoon-

Night-

After kids asleep-

Call..

- 1.
- 2.
- 3.
- 4.

Buy..

